



Game Design for Youth Soccer

We've provided a useful chart to help parents understand the guidelines for game design and field size as established by US Youth Soccer.

AGE GROUP	FIELD SIZE	GOAL SIZE	BALL SIZE	GAME DURATION	# OF PLAYERS	GOALKEEPER	RECOMMENDED TEAM SIZE	GENDER BASED
3 RD GRADE	40x60	6x18	4	2-25min Halves	7v7	YES	10-12	YES
4 TH GRADE	40x60	6x18	4	2-25min Halves	7v7	YES	10-12	YES
5 TH GRADE	50x80	6x18	4	2-25min Halves	9v9	YES	12-14	YES
6 TH GRADE	50x80	6x18	4	2-25min Halves	9v9	YES	12-14	YES
7 TH GRADE	60x100	8x24	5	2-35min Halves	11v11	YES	16-18	YES
8 TH GRADE	60x100	8x24	5	2-35min Halves	11v11	YES	16-18	YES